

THE UPLIFT BREAKTHROUGH LIVE TERMS AND CONDITIONS OF ATTENDANCE

1. EVENT DETAILS

These Terms and Conditions apply to attendance at The Uplift Breakthrough Live ("the Event"), organised by Dr Hannah Bryan and The EMDR-Informed Coaching School ("the Organiser").

By purchasing a ticket and attending the Event, attendees agree to these Terms and Conditions.

2. PURPOSE OF THE EVENT

The Event is designed to provide education, professional development, networking opportunities, reflection, and personal growth experiences for EMDR therapists and helping professionals.

The Event is educational and developmental in nature and does not constitute therapy, psychological treatment, medical advice, supervision, or coaching directed at any individual attendee.

3. COMMUNITY & CONNECTION AGREEMENT

The Uplift Breakthrough Live has been created to provide a welcoming, supportive and inspiring environment where attendees can learn, reflect, connect and grow alongside like-minded professionals.

By attending the Event, participants agree to contribute to a culture of respect, kindness and curiosity by:

- Treating all attendees, speakers, staff and venue personnel with courtesy and respect.
- Listening with openness and curiosity, recognising that each person brings their own unique experiences, perspectives and insights.
- Sharing from personal experience rather than offering unsolicited advice, judgement or criticism.
- Respecting the confidentiality of personal stories, experiences and reflections shared by other participants.
- Honouring personal boundaries, recognising that attendees may choose different levels of participation in discussions, activities and networking opportunities.
- Creating space for all voices to be heard and contributing to an inclusive and welcoming atmosphere.
- Taking responsibility for their own wellbeing by stepping out of activities, taking breaks, or seeking support when needed.

- Celebrating the successes, growth and contributions of others in a spirit of collaboration rather than comparison.

We recognise that many attendees spend much of their professional lives supporting and caring for others. This Event is an opportunity to also invest in yourself, your wellbeing, your professional growth and your connection with a community of peers who understand the unique rewards and challenges of this work.

The Organiser reserves the right to address any behaviour that is inconsistent with these values and, where necessary, may ask an attendee to leave the Event if their conduct negatively impacts the experience, safety or wellbeing of others.

3. VOLUNTARY PARTICIPATION

Attendance at the Event and participation in any activities is entirely voluntary.

Attendees are responsible for deciding whether to participate in any discussion, exercise, reflection activity, networking activity, or experiential exercise offered during the Event.

Attendees may choose not to participate in any activity and may leave any session at any time.

4. PERSONAL RESPONSIBILITY

Attendees acknowledge that:

- They are responsible for their own wellbeing throughout the Event.
- They will participate in a manner that feels appropriate for them.
- They will seek professional support outside of the Event should personal issues arise that require therapeutic intervention.
- They will inform the Organiser of any accessibility requirements in advance where possible.

5. PROFESSIONAL CONDUCT

To maintain a safe and supportive environment, attendees agree to:

- Treat all participants with dignity and respect.
- Respect differing viewpoints and experiences.
- Maintain appropriate professional boundaries.
- Refrain from discriminatory, abusive, intimidating or disruptive behaviour.
- Follow any reasonable instructions given by the Organiser or venue staff.

The Organiser reserves the right to remove any attendee whose behaviour is deemed inappropriate or detrimental to the experience of others. No refund will be provided in such circumstances.

6. CONFIDENTIALITY

The Event may involve personal reflection, discussion and sharing.

Attendees agree to respect the privacy of other participants and not disclose personal information shared by another attendee outside the Event without their explicit permission.

Whilst every effort will be made to create a confidential and supportive environment, confidentiality cannot be absolutely guaranteed in a group setting.

7. HEALTH AND WELLBEING

Attendees are responsible for determining whether participation is appropriate for their own physical, emotional and psychological wellbeing.

The Uplift Breakthrough Live has been created as a supportive space for learning, connection and personal growth. Whilst the Event is not therapy, we recognise that reflective exercises and conversations can sometimes lead to emotional insights or responses. Attendees are encouraged to participate in a way that feels right for them, to take breaks when needed, and to prioritise their own wellbeing throughout the day. The Organiser will endeavour to create a safe and nurturing environment but attendees remain responsible for their own emotional wellbeing and any support they may require beyond the Event.

Attendees are encouraged to take breaks, access support and engage in self-care as needed throughout the Event.

8. ACCESSIBILITY AND INCLUSION

The Organiser is committed to providing an inclusive and accessible learning environment.

Attendees are encouraged to notify the Organiser of any reasonable adjustments or accessibility requirements prior to the Event.

Reasonable efforts will be made to accommodate disclosed requirements where practicable.

9. FOOD, DIETARY REQUIREMENTS AND ALLERGIES

Where refreshments or meals are provided, attendees are responsible for notifying the Organiser of any dietary requirements or allergies in advance.

Whilst reasonable efforts will be made to accommodate dietary requirements, the Organiser cannot guarantee an allergen-free environment and accepts no liability for allergic reactions.

10. PHOTOGRAPHY AND MEDIA

Photographs and video footage may be taken during the Event for promotional and educational purposes.

By attending the Event, attendees consent to their image being captured and potentially used by the Organiser in future marketing materials, websites, social media, and promotional content.

Attendees who do not wish to appear in photographs or video recordings should notify the Organiser in advance and make themselves known to the event team upon arrival.

11. INTELLECTUAL PROPERTY

All Event materials, presentations, workbooks, handouts, slides, recordings and resources remain the intellectual property of the Organiser unless otherwise stated.

Materials may not be reproduced, distributed, copied, shared, sold, or used for commercial purposes without prior written permission.

12. TICKET TRANSFERS, CANCELLATIONS AND REFUNDS

If an attendee cancels:

- More than 60 days before the Event: full refund less a £50 administration fee.
- 30–59 days before the Event: 50% refund.
- Less than 30 days before the Event: no refund.

Tickets may be transferred to another suitable delegate with prior written agreement from the Organiser.

If the Event is cancelled by the Organiser, attendees will receive either:

- A full refund; or
- A transfer to a rescheduled date.

The Organiser is not responsible for travel, accommodation or other expenses incurred by attendees.

13. LIMITATION OF LIABILITY

Nothing in these Terms excludes liability where it cannot legally be excluded under UK law.

Subject to the above, the Organiser's total liability arising out of attendance at the Event shall be limited to the amount paid by the attendee for their Event ticket.

14. FORCE MAJEURE

The Organiser shall not be liable for any delay, cancellation or alteration to the Event caused by circumstances beyond reasonable control, including but not limited to severe weather, venue closure, government restrictions, public health emergencies, transport disruption, or other unforeseen events.

15. GOVERNING LAW

These Terms and Conditions shall be governed by and interpreted in accordance with the laws of England and Wales.

Any disputes arising from these Terms shall be subject to the exclusive jurisdiction of the courts of England and Wales.

By purchasing a ticket and attending The Uplift Breakthrough Live, attendees confirm that they have read, understood and agreed to these Terms and Conditions.